

OFFICIAL BULLETIN ROTARY CLUB OF CALCUTTA NORTH EAST

Rotary International District 3291

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We meet every alternate Thursday at THE ANTELOPE, 3, Ho Chi Minh Sarani, Kolkata - 700071 at 8.00 pm.

Rtn Subasish Halder President

Rtn Swapnamita Roy Secretary

Rtn Sukanta Khan Treasurer

PP Rtn Chandra Kumar Paul Editor

IT'S TIME TO CONSIDER ORGAN DONATION WITH TRANSPLANT CHANGES AFOOT, ROTARY MEMBERS PUSH TO END GLOBAL ORGAN SHORTAGES

By Neil Steinberg

Anil Srivatsa drives an SUV plastered with stickers and slogans across India on a quixotic mission: to teach as many of the country's 1.4 billion people as he can about the importance of organ donation.

He's one man in his truck, often accompanied by his wife, driving from town to town for several weeks each year to try to increase India's organ donation rate, because it ranks among the world's worst. "There is a deep cultural bias against organ donation in India," says Srivatsa, a media entrepreneur who helped found the Rotary Club of Organ Donation in 2022. "There is much work to be done in this space, to counter misinformation and fear."

For Srivatsa, the mission is intensely personal. Ten years ago, he donated his left kidney to his brother, Arjun Srivatsa, a neurosurgeon and a member of the Rotary Club of Bangalore, who had chronic renal failure. On his driving tours, Srivatsa Anil Srivatsa, who tells his sleeps in a rooftop pop-up tent on his SUV. One of its decals says "Kidney donors are kidney donor story to make sexy!" He speaks to a Rotary club if there is one in town — there are more than 4,000 people feel more comfortable in the country — or he assembles what residents he can when there's not.

India trails most of the world in organ donation for varied, sometimes complicated advocacy for organ donation. reasons, including a simple lack of information, inadequate transplant care

about giving, is pushing Rotary members to new levels of

hospitals in rural areas, and distrust among families of potential donors about how organs will be used. But major shifts are happening with donation regulations and initiatives in India and other countries, giving organ donation its strongest spotlight in years. That includes attention affixed on early experiments in the U.S. and China with transplanting gene-modified pig organs into humans as one potential solution for shortages. And a 2023 U.S. law that will overhaul the national donation system to try to break up an inefficient monopoly and reduce organ

Education and access

shortages.

For years, Rotary members have taken a lead position in expanding access to kidney and liver surgeries and coordinating transplant training for medical staffs. That includes a project led by clubs in District 3640 (Korea) to teach surgeons in Myanmar and Mongolia advanced skills to transplant organs from deceased people, a source of organs that is growing but lagging its potential to save lives.

With walkathons, social media campaigns, and more recently a chatbot that answers organ donation questions, Rotary members contribute to a movement to educate people about how important the gift of their organs and tissues can be — whether after death or in life with a kidney or part of a liver.

In India, the laws pose their own challenges. Until recently, citizens in some states could only register to receive a



Rotary and Interact clubs in India, where members helped eliminate some restrictions on organ donation, are particularly active in promoting the cause. They educate people using expert speakers at club meetings, support from well-known Rotarians like RI Past President Jennifer Jones, and a walkathon that included many high schoolers. Courtesy of Anil Srivatsa

deceased-donor organ transplant in their home state. With the help of other Rotarians, Srivatsa successfully challenged the requirement through the nongovernmental organization he formed to coordinate international support of his work, the **Gift of Life Adventure Foundation**.

In Britain, instead of relying on people to sign up, under recent laws most adults are considered potential organ donors when they die unless they opt out. In 2021 the Rotary Club of Leicester Novus, England, hosted a speaker to explain the law.

For more than 20 years in Mexico, people have received help paying for kidney transplants through an initiative of the Rotary Club of Cuajimalpa. The project is supported by a nonprofit in the country, other Mexican clubs in District 4170, and U.S. clubs in zones 30 and 31, a slice of Middle America. Like many parts of the world, Mexico is experiencing increases in chronic kidney disease as two main causes, diabetes and high blood pressure, rise too. While kidney transplants are increasing, their high cost keeps them out of reach for a large portion of Mexicans. Rotarians have used multiple global grants for the project, guiding donors and recipients through the process leading up to the surgery and quelling fears about donors' health afterward, similar to how Srivatsa counsels people in his travels across India.

Clubs in India have been particularly active promoting the issue, with education sessions for factory workers and college students, rallies of people with banners and flags who walk city streets, and events to encourage people to pledge to donate their organs when they die.

Srivatsa, who divides his time living in Bengaluru (formerly called Bangalore) and New Jersey in the U.S., has also done drives to counter transplant myths across Asia, Australia, Europe, and North and South America. He circles the globe to address business groups — in December he went to Bali to talk to Pepsi executives. He estimates he has spoken to more than 270,000 people in 58 countries on over 1,000 occasions, many of those at Rotary clubs. "Love gets thwarted by fear, and I believe fear comes from unanswered questions," Srivatsa says. "What I'm trying to do is answer those questions. I don't go out and tell people to become organ donors. That's a decision they can make once they learn that the fear is misplaced."



Left: Anil Srivatsa says his kidney donation to his brother, Arjun Srivatsa, was not a sacrifice. Image credit: Gayatri Ganju.Right: The Srivatsa brothers demonstrate healthy post-transplant life with

grueling mountain biking and other physical challenges.

He helped start the Interact Club of Venky Yoda, which stands for youth organ donation awareness, at the Venkateshwar International School in Delhi. The Interactors worked with his club to launch a chatbot recently that teaches people about organ donation. Srivatsa, who has helped form two other clubs, also worked with the Rotary Action Group for Blood Donation to add organ donation to the group's mission (and its name) to increase Rotary members' focus on the issue. The group already has hundreds of members dedicated to supporting blood drives, so the expansion to include

organ donation advocates

will be a powerful force.

Srivatsa uses his experience of giving his brother a kidney to show that donors live normal, healthy lives. "When people say I sacrificed a lot to give a kidney to my brother, I don't believe that was sacrifice," he says. To demonstrate how active post-transplant life can be, the brothers took a grueling mountain bike tour in 2015, six months after their operations. They competed in the World Transplant Games in England in 2019 and in Australia in 2023, with medals for Arjun in golf and Anil in cricket ball throwing and race walking.

Removing hurdles

Despite grassroots efforts by Rotary members, the World Health Organization estimates that transplants cover only about 10 percent of need. Many people waiting for kidneys survive only through the debilitating process of dialysis, where their blood is cycled through a machine and washed of toxins that are usually removed by healthy kidneys. (See the author's essay about helping his cousin on dialysis and trying to give him a kidney.) But dialysis isn't available everywhere or is too expensive for many people around the world. In India and many countries, the use of organs donated from people who died is minuscule, and transplants are limited mostly to kidneys from living donors.

Among Rotary members with a personal link to the issue are Prashant and Hemali Ajmera, a couple in India who hit the legal hurdle requiring a residency certificate in Gujarat state, where Hemali Ajmera was getting dialysis treatments and needed a kidney transplant.

The two, who are both Canadian citizens, learned about the requirement in spring 2022 when Prashant Ajmera went to a Gujarat hospital to register his wife to receive a transplant from a deceased donor, he says. "I made the application, and in four days I heard back from the police department: Your wife is a Canadian citizen so is not entitled to a domicile certificate in the state of Gujarat. So the hospital will not take her as a patient."

"As a lawyer, it didn't make sense to me," says Ajmera, a member of the Rotary Club of Ahmedabad Metro. He did his research and discovered that such residency requirements were a significant drag on the transplant rate nationwide. "It was not only a problem for me, but it was affecting people across India," Ajmera says. A judicial petition by Hemali Ajmera succeeded, and Gujarat's residency requirement was ruled unconstitutional in late 2022. Srivatsa's NGO advanced a challenge to the highest court in India. "We used Anil's foundation to file a class action," Prashant Ajmera says. "It all happened because of Rotary."

The federal government adopted a policy in March 2023 that forbids domicile requirements for those seeking deceased-donor organ transplants, along with lifting a ban on people older than 65 receiving such transplants. "Doctors came to me and told me this was the big hurdle, and it has been removed, making one less complication in the process," says Ajmera, who speaks to Rotary clubs about the complexities of India's organ donation rules.

Srivatsa's SUV is his home on the road for weekslong treks to reach Rotary clubs and anyone else he can gather to address hesitancy about organ donation.

Before the legal battle could be resolved, however, Hemali Ajmera's condition deteriorated, forcing her to get a kidney transplant from a living donor — her sister. The operation was performed in February 2023 at a hospital recommended by a Rotarian doctor, and Hemali Ajmera later moved her membership to the Rotary Club of Organ Donation. "Rotary has helped me in all my life, connection after connection, doctor after doctor, all because of wonderful Rotary," hesitancy about organ donation. Prashant Ajmera says.



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To help others in considering whether to donate, Srivatsa's foundation published a book, A Rotarian's Guide to Organ Donation, edited by Hemali Ajmera.

Prashant Ajmera pushes for Rotary members to play a wider role in promoting organ donation. No one expects progress to be easy, but members are in it for the long haul.

Srivatsa says members sprinkled in communities across the globe are in a strong position to push systemic changes that improve organ donation and get people's attention on how to prevent conditions, such as heart disease and diabetes, that can lead to organ failure. "Me passing through, making one passionate speech then walking away is not optimum. You need someone on the ground always there pushing the agenda."

This is an abridged version of a story that originally appeared in the

August 2024 issue Rotary magazine.



President Rtn Subasish along with PP Rtn Biswajit and Spouse Suhrita with children of Aastha



Public Image of Rotary

Birthday Greetings

18 Oct: Rtn Sabyasachi Roy

26 Oct: Rtn Subasish Halder

27 Oct: Rajdeep, S/o Rtn Chandra Kr and Rtn Angana Paul

04 Nov: Rtn Shubadip Roy

12 Nov: Rtn Prabir Kumar Paul

12 Nov: Rtn Kalyan Saha

14 Nov: Rtn Swapnamita Roy

15 Nov: Mira Bakshi, W/o Rtn Tapan Kumar Bakshi

22 Nov: Rtn Sujit Dutt

22 Nov: Anuvab, S/o Rtn Tapas Kumar Adalder

Wedding Greetings

20 Nov : Rtn Suven & Soma Mukherjee

27 Nov: Rtn Subasish & Sharmila Halder



Peacebuilding and Conflict Prevention



Disease Prevention & Treatment



Water, Sanitation & Hygiene



Maternal & Child Health



Basic Education & Literacy



Development

Community Enviroment Economic



Minutes of the 1609th Regular Meeting of Rotary Club of Calcutta North East held at The Antelope, 3, Ho Chi Minh Sarani, Kolkata - 700071 on 03.10.24 at 8.00 PM.

- ▶ President Rtn Subasish Halder called the meeting to order followed by National Anthem.
- President then, informed the details of the Blood donation camp held at RCC Baksha, on 22.09.24. Club had sponsored the program organised by our RCC Partner at Uday Sangha, Hooghly. President Subasish Halder participated as an active donor. Rtn Sabyasachi Roy and Rtn Sukanta Khan had also attended the program.
- President then informed about the Flood Relief distribution program at Udaynarayanpur, Howrah, Mansukha Gram Panchayat. President extended his thanks to all the club member who donated for this event and attended the relief program on 24th September 2024. IPP RtnVivekananda Bhowmick had arranged the entire program and PP Rtn Ramprasad Chattopadhyay, PP Rtn Chandra Paul, PE Rtn Angana Paul, PP Rtn Shubadip Roy, Rtn Sabyasachi Roy and Mrs. Mahua Das attended the distribution event.
- President described about RCCNE's "Hilsa Festival" held on 29th September 2024 at IPP Rtn Vivekananda Bhowmick's Salt Lake residence. 32 nos of members along with family and friends had attended this program. This was a contributory event by the individual members.
- President then informed about the arrival of Rotary International President Elect 2025-26 Mário César Martins de Camargo, a member of the Rotary Club of Santo André, São Paulo, Brazil, at Kolkata on 30th September 2024. President and PE Rtn Angana Paul were present at the airport to extend our warm welcome along with the District team. On 1st of October 2024, District had organised a welcome program at Birla Savagharh, Kolkata followed by a Cultural Program at Rotary Sadan Kolkata on 2nd of October 2024. President along with PE Rtn Angana Paul, PP Rtn Srikanta Basu Mallik had attended the program.
- President then informed about the upcoming project proposed by PP Rtn Subhashis Kar on the occasion of his daughter's Subhasree Kar's 12th birthday celebration at the "Middleton Chamber "Kolkata, on 4th of October 2024. Rotary Club of Calcutta North East will handover 60nos of sports garments for the children of Bani Niketan School. PP Rtn Subhashis Kar sponsored the entire program. RCCNE Club President, Secretary along with few PPs and PDGs of District 3291 and all the club members along with their family were present in the program. This program was specially planned as RCCNE project to stand beside these children.
- President then informed about distribution of sewing machine by Rotary Club Calcutta, from Rotary Sadan. Each club may apply for 4nos of sewing machine, which will be distributed for the empowerment of the woman, to underprivileged society. Club Secretary had already applied for the same. The distribution is planned on 6th October 2024. Club will collect for the future project.
- President then informed about the plan of visiting Jhargram, Lodhashuli after 20th October for winter garment distribution. Rtn Tapas Adaldar will organise the program. PP Rtn Ramprasad Chattopadhyay also expressed his will to donate for this event along with Rtn Tapasa Adaldar. President requested all the member to come forward and support the club the make this project successful.
- President described his plan of the public image exercise of Rotary in the upcoming Durga Utsav in Kolkata. RCCNE will showcase Rotary Brand Image in different Puja Pandel in form of Banner display. Also on 8th of October 2024, PP Rtn Biswajit Choudhuri will organise Puja Parikrama for the under privileged children along with "Beliaghata Astha. 300 children will be taken for Puja Pandel Parikrama, provided breakfast in the morning, lunch in the afternoon and distributed new clothes. All of them will be taken to Puja Pandal parikrama by Bus.
- President then informed about the interest shown for joint meeting by Rotary Club of Benevolence, the date will be fixed up after mutual consent and circulated among the members.
- President then informed about Global Grant program. This proposal came through PP Rtn Shubadip Roy. A team from RCCNE will have a detailed meeting with the concern person of Rotary Club of Belur, led by the President to understand the detailed course of action. PP Rtn Srikanta Basu Mallik, Club Secretary, PP Rtn Shubadip Roy, PP Rtn Chandra Paul, PP Rtn Ramprasad Chattopadhyay and IPP Rtn Vivekananda Bhowmick will attend this meeting.
- Secretarial Business was done by the Club secretary Rtn Swapnamita Roy. The next Regular meeting will be held on 24th October 2024.
- Finally President terminated the meeting with no other agenda left and invited all members to join for fellowship.